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Spring/Summer 2011

A Message from Todd Lumbard



Todd Lumbard with CC, Lori and Buzz

Welcome to the Spring/Summer edition of *Speers Caring* Newsletter. We hope you enjoy reading our good news story about the 2011 Paragon Awards! All of us at Speers work hard everyday to earn your trust as we try to make a difficult time a little easier for families. It is rewarding to be recognized by our peers.



Also, on March 19th we presented a cheque for \$13,880 to the Z99 Radiothon in memory of every family served in the past year. Everyone at Speers is proud to be a part of buying urgently needed equipment for the Neo Natal Intensive Care Unit at Regina General Hospital. The grand total raised at the Z99 Radiothon was \$381,172 easily surpassing the goal of \$350,000! What a great event and a great cause!

Please know that I personally welcome your thoughts or ideas about how we can improve our care and any questions about the services we offer at Speers. Contact me anytime at tlumbard@speersfuneralchapel.com or phone 522-3232.

Sincerely,

Helpful Questions & Answers From Your Friends at Speers



By Ron Nagel,
Celebrant and
Family Service
Attendant

We have many relatives living in all parts of the world. It would be wonderful if the funeral service for our loved one could be available for them to view. Is there some way Speers could arrange this for our family?

Speers Funeral Chapel has a state of the art webcasting system in their chapel that will allow the funeral service to be streamed live on the Internet. It is a family's preference whether the service is open to anyone or password protected. All one needs is a high-speed Internet connec

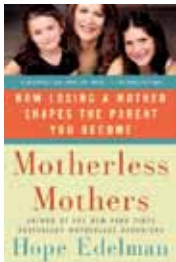
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Helpful Questions & Answers *(cont.)*

tion and an Internet browser (such as Internet Explorer.) We also are able to video a funeral service at an offsite location (i.e.: a church of your choice) and upload it to our website for viewing the following day. Our system is also capable of producing a DVD of the funeral service and this can be made available to the family immediately after the service.

Your questions are welcome and may be submitted by email reception@speersfuneralchapel.com or by phoning 522-3232.

Grief Resources



Motherless Mothers: How Losing a Mother Shapes the Parent You Become

By: Hope Edelman

When Hope Edelman, author of the New York Times best-seller *Motherless Daughters*, became a parent, she found herself revisiting the loss of her mother in ways she had never anticipated. Now the mother of two young girls, Edelman set out to learn how the loss of a mother to death or abandonment can affect the ways women raise their own children.

In *Motherless Mothers*, Edelman uses her own story as a prism to reveal the unique anxieties and desires that these women experience as they raise their children without the help of a living maternal guide. In an impeccably researched, luminously written book enriched by the voices of the mothers themselves—and filled with practical insight and advice from experienced professionals—she examines their parenting choices, their triumphs, and their fears, and offers motherless mothers the guidance and support they want and need.

Speers Funeral and Cremation Services Wins Paragon Award



By **Krista Christensen**
Continuing Care Coordinator

At the Regina & District Chamber of Commerce Paragon Awards on Thursday, April 7th, 2011, Speers was the recipient of the Paragon Customer Service Excellence Award. “We were honoured to attend this gala celebration and to be among so many outstanding companies who are an important part of our community,” commented Todd Lumbard, owner and president of Speers. “I was proud to accept this award on behalf of everyone at Speers.”

The Paragon Customer Service Excellence Award is presented to the business or organization that consistently demonstrates a high level of commitment to customer service and satisfaction over a prolonged period of time. “We have a long history of service to families throughout southern Saskatchewan,” Lumbard noted, “and customer service has always been our focus, but that is even more true now because there has been a significant evolution in funeral service over the past decades.” He added, “I believe that we have created a culture that embraces change and that has allowed us to exceed our families’ expectations as we help them plan a special time to honour and celebrate their loved one.”



Speers Funeral and Cremation Services is a family-owned, full-service funeral home that offers comprehensive funeral and cremation services to meet the needs of every family, regardless of religion, cultural beliefs, traditions or personal preferences. Speers’ beautifully appointed facilities include a chapel that seats 250, a comfortable reception centre, and a private and peaceful crematorium. Founded in 1907, Speers has been an integral part of Regina and area for over a century and has been privileged to serve many generations of families.

View all award winners at www.reginachamber.com

Get to Know us at Speers...



Michelle Rohde

Certified Funeral Celebrant

A zest for life, music and deep compassion for people has led Michelle Rohde to her role as a Certified Funeral Celebrant with the Speers team of professionals.

Michelle and her brother Michael were born and raised in Regina to Archie and Gloria Fieldgate. Michelle credits her supportive and caring childhood to nurturing in her a love of music, poetry and ministry.

Following in the steps of her parents who played with dance bands, in childhood Michelle took up the guitar and Michael became a drummer. In 2009, Michelle released a gospel album entitled, *Welcome Home*, and has enjoyed performance tours, guest appearances and the interviews that have come with this exciting venture.

Michelle served for fourteen years in youth ministry and now is a Lay Ministry Associate at New Hope Lutheran. She enjoys her work with the Pastoral and Worship Teams and leading the Saturday Night Contemporary Worship Services.

Ministry experience, her own experience with death, and a desire to help others guided Michelle to train and graduate as a Certified Funeral Celebrant. Joining the Speers team was a dream come true for Michelle who embraced the opportunity to use her years of education and experience in a caring environment of professionals.

With an enduring desire to learn and expand her knowledge, Michelle has her eye set on completing the final year of her degree in Pastoral Care and Counseling at the University of Regina.

With her husband, Herb, and son, Joshua, Michelle enjoys living on an acreage outside Regina and sharing the beauty of the country and the warmth of her home with family and friends.

Michelle can be reached by email at mrohde@speers-funeralchapel.com or by calling Speers at 522-3232



Lorne Palmer

Funeral Service Professional

Superior character shines through in Speers Funeral Service Professional, Lorne Palmer. A lifelong Saskatchewan resident with over forty years of caring for the community and a sincere appreciation for family, friends and his home have shaped the work Lorne does each day.

Lorne was born in Saskatoon and his early schooling was in Kenaston. After attending University of Regina, Lorne worked as a teacher in Macklin and Kandahar. Lorne married Betty (Fyck) of Calder and in 2010 they celebrated their 40th wedding anniversary.

Lorne settled in Regina and began his career in funeral service in 1970. Over the years, Lorne has generously contributed his professional expertise to the Saskatchewan Funeral Service Association and the Funeral and Cremation Council of Saskatchewan.

Lorne always has a smile and a great attitude for life, and he strives to improve his 'game' on and off the course. An entertaining bit of trivia is that a love for the game of golf can be traced back to Lorne's family history connection with Golf Professional Arnold Palmer.

With his deep Saskatchewan roots, it is no surprise that Lorne has been a long time fan and shareholder of the Saskatchewan Roughriders. When they are not following the Riders Lorne and Betty fill their leisure time as members of Rosemont United Church and by spending time with their family. Lorne and Betty have two married sons, Cory (Carrie) and Brad (Liza) who have both settled in Regina.

Lorne is proud to have cared for families in the Regina area for over 40 years and to play an exceptional role as part of the professional team at Speers.

Lorne can be reached at lpalmer@speersfuneralchapel.com or by calling Speers at 522-3232

Over the spring and summer, when family and friends gather, take the time to talk about and choose a memorial. It is the permanent gift that everyone can enjoy and visit for years to come.



Speers is an authorized distributor of Remco Memorials.

Congratulations to...

...**Maegan Guthrie** is marrying Michael Firth on Friday, June 10, 2011 in Regina. Maegan is a Funeral Service Professional with Speers and a graduate of the SIAST Funeral Service Program. The couple will be relocating to Ontario and we wish them the best of luck in their new home.



Glenda Ferguson
Funeral Pre-planning
Professional

**Pre-planning Advice
Just a Phone Call Away**



Contact Glenda at Speers 522-3232

Cheesecake (Strawberry)

Submitted by Hazel Berkan

CRUST

- 16 double graham crackers, crushed
- ½ cup butter, melted
- ¼ cup sugar
- Dash cinnamon

CHEESECAKE

- 2 8-oz packages cream cheese
- ½ cup sugar
- 2 eggs
- ½ tsp vanilla
- 2 cups sour cream
- ⅓ cup sugar

TOPPING

- 3 cups frozen sliced strawberries
- ½ tbsp cornstarch
- 1½ tbsp sugar
- Juice of ½ lemon

Mix ingredients for crust and line 9" spring-form pan with mixture, going up 1" along sides. Mix first 4 cheesecake ingredients until smooth and pour into spring-form pan. Bake 20 minutes at 350°F. Mix sour cream with 1/3 cup sugar. Pour over baked mixture and return to oven for 8 minutes. Let cool. For topping, thaw and drain frozen slice strawberries, reserving liquid. Return berries to refrigerator. Stir together cornstarch, sugar, and lemon juice and add to strawberry juice and bring to boil, stirring constantly. Gently boil and stir until thick and clear. Cool, then add in berries.

To serve - Place a slice of cheesecake on a serving plate and spoon berries on top.

"Grieving is as natural as crying when you are hurt, sleeping when you are tired, or eating when you are hungry...it is nature's way of healing a broken heart."

Doug Manning



Celebrating lives well lived



522-3232

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www.speersfuneralchapel.com